

Many fans of Moonshadow Cafe in Accident, recently shuttered, are delighted that the same fresh organic fare is being offered in a bigger and better building in McHenry, Maryland.

Moonshadow Cafe in Accident, MD, was a welcome addition to the culinary scene in Garrett County in 2013, but when owner, Lisa M. Jan, was faced with installing an expensive sprinkler system in an old building, she reluctantly decided to close the Accident location. Fortunately, she was able to renovate and expand the former Jearbryo's Restaurant near Garrett College in the McHenry area.

Moonshadow Cafe in Accident closed after Memorial Day and the new eatery, "Moonshadow," opened July 8, 2017.

Lisa notes that Garrett County officials, Jim Torrington and Bill DeVore, were helpful in shepherding the business through the permitting process, and she commends contractor, Bob Bounds, for doing a "fabulous job," completing the building quickly. A large addition across the

back of the building essentially doubles its size. Moonshadow now features a larger stage in a dedicated music room, with a cover charge for that room during performances.

The move to a new site has required some additional staffing. Front of house manager, Jade Llewellyn, started with Moonshadow Cafe in 2014 and continues in her role at the new Moonshadow. Lisa wishes she could clone Jade, but until that is possible, they encourage people interested in restaurant work to apply.

Because she thinks about what she will "leave" her "kids and grandkids," Lisa strives to make the restaurant environmentally friendly from building and cleaning supplies to ingredients. Moonshadow offers delicious food that avoids



Several rooms allow for more seating at the new building in McHenry, MD, as shown above and facing page.

processing or preservatives. They serve grass-fed beef and free range chicken and other high quality ingredients; they source locally when they can, including lavender and cheese from Garrett County producers. The fare is not tofu or bean sprouts, as some fear. The menu has something for everyone at competitive prices.

Regular programming to begin in the fall includes Open Mic on Wednesday nights, Community Night (with family friendly games) on Thursdays, and live music on Friday and Saturday evenings as well as occasional acoustic music for Sunday brunch. Wine pairing evenings have been a big success and beer pairings are under consideration. Moonshadow also hosts wedding rehearsal dinners, fundraisers, and other special events such as Thirst for Art (a sip and paint evening).

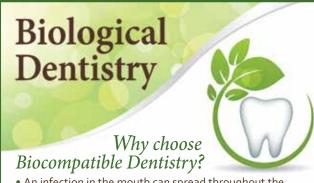
For a meal at Moonshadow, no reservations are needed, but you can call to place take-out orders: 240-442-5542. Online: moonshadow145.com

The restaurant, at 145 Bumblebee Road, in the McHenry area, near Garrett College is open seven days a week.

Summer hours:

each day.

Monday-Thursday 11-10; Friday and Saturday 11-11; Sunday 10-9, serving brunch from 10-3. Note: In winter, the restaurant closes one hour earlier



- An infection in the mouth can spread throughout the body, making oral health an integral part of overall health.
- Periodontal infection is a risk factor for stroke, heart disease, and more.
- Recent research has confirmed oral disease can lead to other health problems.
- Amalgam fillings are made of about half mercury among the most toxic known substances.
- Root canal treatment may cause toxic bacteria to become trapped inside teeth.

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