



Banner Overlook, Green Ridge State Forest

Mountain

DISCOVERIES

Mountain Discoveries is a new FREE publication printed twice yearly — Spring/Summer and Fall/Winter. *Mountain Discoveries* is focused on the Western Maryland region including neighboring Pennsylvania and West Virginia. The magazine features people, activities, places and articles of interest, and is written and produced by people in this area.

Mountain Discoveries web site (www.mountaindiscoveries.com) is an active part of this publication, and is used to communicate and showcase feature stories and our advertisers.

Mountain Discoveries is for entertainment and to provide visitors with information in getting to know this region. It is owned by AAD-INC. (Advertising Art Design, Inc.) of Cumberland, Maryland. Comments and suggestions should be sent to “Mountain Discoveries” c/o AAD-INC., 6 Commerce

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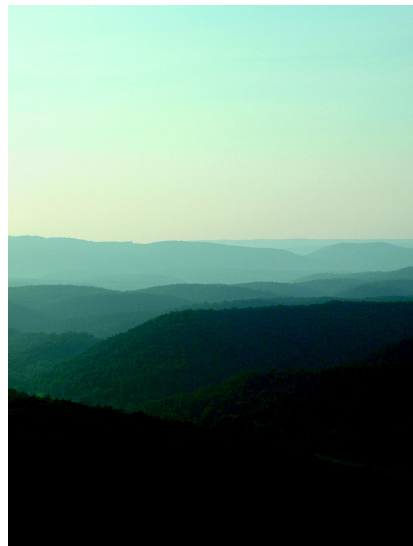
Story suggestions are also welcome...human interest, activities, places, dining and shopping in this region will be considered. Please include your name, address, phone number and email (if available). We cannot promise the return of unsolicited materials, but we will make every effort to do so.

We are proud that *Mountain Discoveries* is printed on MeadWestvaco paper. MeadWestvaco has a major paper plant in Allegany County, Maryland. AAD-INC. supports and is a member of the Allegany & Garrett County Chambers of Commerce, as well as the Allegany County Convention and Visitors Bureau.

About the cover:

I shot the background photo on the cover one evening this past summer at one of the overlooks in Green Ridge State Forest. I have been asked what I use to get my best shots. Mostly I use a Nikon F-3 and Nikon F-5, although I have everything from 14mm to 300mm. My favorite for landscape is a 20mm (all lenses are Nikkor). I also use a Hasselblad and Pro-1 Digital for human interest. My favorite film is Kodak E-6 Professional, in 120 or 35mm. This is slide film and gives optimum rendition for offset press. All of my photos in this book were taken with one of the above.

— Lance C. Bell



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